



## MIND AND MOTION

### A WORKSHOP IN CONTEMPORARY DANCE

Sarah Koehler and Seneka Abeyratne will be conducting a workshop in classical contemporary dance for all experience levels, from beginner to advanced. Students will be introduced to dance concepts such as line, body placement, and performance quality while having fun exercising their bodies and minds.

- **Date: November 29, 2013**
- **Ages 7-12: 3:30 pm - 4:30 pm, Ages 13+: 5:00 pm – 7:00 pm**
- **Venue: United States-Sri Lanka Fulbright Commission  
55 Abdul Caffoor Mawatha, Colombo 3**
- **Registration fee: Rs. 500**
- **For registration call: 011 256 4176/ 011 471 8744**



#### Workshop Coordinators

**Sarah Koehler** is professional ballet and contemporary dancer from the United States. Having studied primarily in Iowa, she received additional training from renowned institutions Boston Ballet, Atlanta Ballet, Joffrey Ballet, Milwaukee Ballet, and Kirov Academy of Ballet in Washington, DC. While pursuing a bachelor's degree in anthropology, **Sarah** danced professionally with the Saint Paul City Ballet in Minnesota. She has performed leading roles in classical, modern and contemporary works. Currently, **Sarah** is a US Fulbright Scholar in Sri Lanka studying Kandyan dance.

**Seneka Abeyratne** is a contemporary dance choreographer with 12 years of ballet training at the Deanna School of Dancing, Colombo. He has conducted numerous workshops on contemporary dance at such venues as the Nelung Arts Center and the Sri Lanka Foundation Institute.

The US-SL Fulbright Commission was founded in 1952 by an agreement between the government of the United States of America and the government of Ceylon for the administration of educational exchange programmes in Sri Lanka. The programme aims to promote cultural understanding between the United States and Sri Lanka through mutual academic exchange.

**United States-Sri Lanka Fulbright Commission**

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